

A man with dark hair and a mustache, wearing a black polo shirt, stands with his arms crossed in front of a house with a white fence and greenery. The image is overlaid with large geometric shapes in dark blue, orange, and white.

/QUIT YOU CAN TOO.

ANTONIO
SMOKED FOR 25 YEARS

"I called after I had severe pain in my chest. The counselors were extremely helpful and gave me methods to counter my cravings. I owe them my life."

KICK / T
California

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