

Personal *FREE* Quit Services



Call **English: 1-800-300-8086**
Spanish: 1-800-600-8191

M-F 7 am-9 pm | Sat. 9 am-5 pm PT



Chat **kickitca.org/chat**

M-F 7 am-9 pm | Sat. 9 am-5 pm PT



Text **"Quit Smoking" or "Quit Vaping"**
to **66819**



Mobile Apps **NoButts | NoVape**



kickitca.org

A man with a beard, wearing a brown jacket over a white shirt and a backpack, is looking down at his smartphone. The background is a blurred indoor setting. The image is overlaid with large, stylized geometric shapes in dark blue, orange, and white.

/QUIT **YOU CAN TOO.**

SPENCER
VAPE CLIENT

"When I would start slipping back into my Juul habits I would get encouraging texts from you that definitely helped me out. I liked the consistency a lot!"

KICK / T
California